Genogram and ecomap key

Made with Genogram Builder

The genogram symbols most assignments use, named as in the key of Genogram Builder, and the lines of an ecomap in two common versions. Courses differ in the lines they use. Follow the key your course gives when it differs from this card.

Genogram

PEOPLE

- Male
- Female
- Non-binary
- Gender unknown
- Deceased
- Index person
- Immigration

PREGNANCY AND LOSS

- Pregnancy
- Miscarriage
- Stillbirth
- Abortion

COUPLE RELATIONSHIPS

- Marriage
- Committed relationship
- Couple relationship
- Secret affair
- Separation
- Divorce

CHILDREN AND TWINS

- Biological child
- Adopted child
- Foster child
- Twins
- Identical twins

EMOTIONAL RELATIONSHIPS

- Close
- Fused
- Distant
- Hostile
- Close-hostile
- Cutoff
- Focused on
- Caretaker
- Emotional abuse
- Physical abuse
- Sexual abuse

HEALTH

- Psychological or physical problem
- Alcohol or drug abuse
- Suspected alcohol or drug abuse
- In recovery from substance abuse
- Illness in remission

GROUPS AND INSTITUTIONS

- Household

Ecomap

HARTMAN (1978)

- Strong connection
- Tenuous connection
- Stressful connection
- Energy or resources flow one way
- Energy or resources flow both ways

A VARIATION SOME COURSES USE

- Positive or strong connection
- Stressful or negative connection
- A system that is needed but not available

Circles of different sizes can show how much each system matters.

Each genogram symbol is explained, with the way to draw it, at genogrambuilder.org/genogram-symbols.